

Healthcare and Bones Activity

OBJECTIVE / RATIONALE

Bones are a fun way to show students a visual of what healthcare workers deal with every day. By tying the two together students are able to learn about new careers that work with bones, learn the correct bone names, work together in groups, and even experiment with a really X-ray.

KEY POINTS

- Learn about the healthcare shortage
- Learn 5 health careers that work with bones
- Learn the names of bones and identify them
- Learn what bones are made of
- Learn why we have bones

ACTIVITY

Talk about AHEC and the reason we were established. Discuss the shortage of physicians and nurses in Texas and explain that the situation is only getting worse which is why they should consider a career in healthcare. Have the students write down as many healthcare providers that work with bones that they can think of. Go around the room listing answers then contribute a few they didn't think about. Talk about why these individuals are important and give a few quick facts about bones (what are they made of, are teeth bones, why do we have bones). Then divide the class into groups with a sheet of poster paper and have them draw a skeleton and name as many bones as possible. Once they have completed give them a sheet naming all the bones. Then hand out an X-Ray to each group and see if they can identify the body part and use the correct bone name.

MATERIALS / RESOURCES

- Butcher paper / poster board
- Copy paper
- X-Rays
- Markers